LUNCH MENU

August 1 - August 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
		All Beef Italian Sub-1	Turkey Ham and Swiss Cheese	Beef Bologna
		(Beef Bologna, Beef Salami, & Cheese on W/G Sub Roll)	on Whole Grain Bread-1 Black Bean & Corn Cup-3/4c	on a Whole Wheat Bun-1 Romaine Salad w/ Dressing -1.5c
		Fresh Baby Carrots -1c w/Dip	Fresh Plum-1	Fresh Nectarine-1
		Fresh Peach-1 Milk-8 oz.	Milk-8 oz.	Milk-8oz.
25	-	27	28	
W/G Chicken Fingers -3 Mixed Vegetables - 1c	Cheese Ravioli w/ Meat Sauce-5oz	Chicken Burger on Wheat Hamburger Bun-1	Beef Nachos w/ Cheddar Cheese Sauce	Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-2 c.
Fresh Orange -1	Diced Carrots - 1 1/4c	Vegetarian Beans - 1c	on W/G Tortilla Scoops-1	Fresh Nectarine-1
Whole Grain Bread Slice-1	Fresh Peach-1	Fresh Banana -1	Black Bean & Corn Cup - 1c	Milk-8 oz.
Milk-8 oz.	Wheat Dinner Roll-1	Milk - 8oz.	Fresh Banana -1	
	Milk-8 oz.		Milk-8 oz.	